Week no 3 « Wires Crossed - Level 1.2 - Balance your fear / Berlin 22th to 26th

The adventure continues!

For the third week of training, one half of our group had the chance to be in Berlin (the other half will meet in Stokholm in 1 the beginning of August)!

In Berlin we were surrounded by beautiful big-tops.

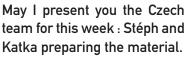
Yes! We were in Cabuwazi space! Cabuwazi has 5 differents tents all around Berlin. We were in Tempelhof. This is a great area close to two big parks (one of them used to be airport of Tempelhof and the second is where we fixed our wires and slack lines for four days).

This week was focused on pedagogy and the aim was to teach every day some students. This time was more self-organized then last weeks bu thet with help of Sam from Cabuwazi and Vincent from École de Cirque de Bruxelles.

So let's do it in another way than last reports and let's enjoy some pictures about this week.

DAY 1, We organized the week, materials and found a beautiful place for our slacks and wires.







Some trees in the shadow because this week will be hot!

DAY 2. 3. 4 had the same structure:





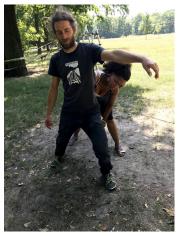


Bringing material to the Park

Every morning, two of our group were teaching the others of the team.







Every day we were developpung different aspects (warming-up and training exercises) on the wire and slack lines.



And every afternoon, two of our team were teaching students (mostly volunteers from Cabuwazi). The aim was to develop different aspects how and what to teach for differents levels of people (but they were all of them pretty good already).



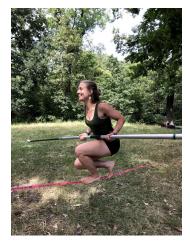






warming up



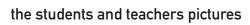


first steps





next steps





DAY 5, we had an amazing breakfast and we had the chance to have all the day for training on 4m high structure, This time not in the park but in Cabuwazi space.





Katka with her junior 31 degrees 4 m high

In conclusion, it was a really hot week, but the place we found in the park was perfect and really beautiful. We enjoyed a lot having the opportunity to fix not only slack-lines but some wires in the park. And we really enjoyed to go throught Berlin by bike and also to taste every evening so good food from all around the world!

Thank you team (-half team), Everybody was great and thank you Piwo (Vincent) for the pictures. See you all in Berlin in October for the big crossing!

With all our love and hapiness Stéph and Katka